

1 **ARE ALL HEALTH PROBLEMS**
2 **CAUSED BY AN ACIDIC BODY?**

3 MR. BARRETT: Okay. Alex, why do so many
4 people lose weight on the product? I know that a lot of
5 people get on the product to either help with their
6 diabetes or maybe their heart disease or even cancer, but
7 they lose weight as a by-product. How come?

8 DR. GUERRERO: They lose weight as a by-product
9 because, again remember, weight is the -- fat is your
10 body's way of protecting itself from the acidic fluids.
11 And so when you alkalize your --

12 MR. BARRETT: So when your body's acid -- I
13 mean, a lot of people are taking Prilosec and all these
14 anti-acid --

15 DR. GUERRERO: Tums and --

16 MR. BARRETT: -- they -- they're acid.

17 DR. GUERRERO: Right.

18 MR. BARRETT: When they get heartburn that
19 means they have a high acid system.

20 DR. GUERRERO: Yes.

21 MR. BARRETT: And when you have a high acid
22 system your body needs a layer of protection which is
23 called fat.

24 DR. GUERRERO: It's called fat.

25 MR. BARRETT: So when you alkalize your body

1 you don't need that fat?

2 DR. GUERRERO: You don't need that fat. Your
3 body burns it actually for fuel.

4 MR. BARRETT: So not only will this product
5 help people get the nutrition they need, but they can
6 actually lose weight on this product. My wife is
7 pregnant right now and she's going to be worried about,
8 you know, losing weight in the next few months.

9 DR. GUERRERO: It's great for women that are
10 pregnant because it certainly applies --

11 MR. BARRETT: So she can take it when she's
12 pregnant?

13 DR. GUERRERO: No question. My wife took it,
14 my wife took it through all of her pregnancies.

15 MR. BARRETT: And you have five children?

16 DR. GUERRERO: We have five children.

17 MR. BARRETT: Okay.

18 DR. GUERRERO: And she took it through all of
19 her pregnancies, never had to deal with, you know,
20 prenatal vitamins, never got morning sickness.

21 MR. BARRETT: And it's great for weight loss
22 after.

23 DR. GUERRERO: Right. Yeah.

24 MR. BARRETT: And it acts as your prenatal
25 vitamin.

1 DR. GUERRERO: Well, you know what's
2 interesting about that is as she took it through her
3 pregnancies, she was able to stabilize and maintain her
4 weight between, you know, 25, 28 pounds with each
5 pregnancy. So, you know, once the babies were born, she
6 didn't have a lot to lose.

7 MR. BARRETT: That's interesting.

8 DR. GUERRERO: Wasn't like she gained 35 or 40
9 pounds.

10 MR. BARRETT: That's --

11 DR. GUERRERO: And it wasn't like she wasn't
12 eating. She was eating, she ate. But when your body is
13 nourished you don't crave junk foods.

14 MR. BARRETT: You're not as hungry.

15 DR. GUERRERO: Well, you don't crave them.
16 People talk about, Gosh, you know, I just -- I have food
17 cravings. And so they eat and they nibble and they --
18 because of the food cravings -- that's the yeast inside
19 the body saying, Feed me, I want more, we need more
20 nourishment. It feeds off of sugar. And so it's just
21 constantly.

22 So people say, Gosh, I really don't need that,
23 but I just can't -- I can't -- I can't control myself.

24 MR. BARRETT: That's --

25 DR. GUERRERO: So overeating, all those things

1 are a result of too much acid. And so the Supreme Greens
2 with MSM provides that cell with nourishment. If the
3 cell receives nourishment, Don, you're not hungry. It's
4 not asking you for fuel because it has some. It's the
5 difference between being filled and nourished. You eat
6 to get full and in 30 minutes you're going to need to be
7 filled again because your cell never got nourished, it's
8 saying, Donald, give me some vitamins, man, I need some
9 vitamins to keep you going.

10 MR. BARRETT: I know there's a lot of stores
11 that you can go in around the country and walk in --

12 DR. GUERRERO: Yes.

13 MR. BARRETT: -- and get a good green product.
14 What actually makes your Supreme Greens formula
15 different?

16 DR. GUERRERO: What really separates the
17 Supreme Greens with MSM from any other greens product out
18 there is the fact that we have bio-energetics, meaning
19 that what we've done is we make sure that we maintain,
20 you know, the electrical frequency of the nutrient. So
21 all of the ingredients are organically grown, we don't
22 allow the bottler to stock any raw bulk ingredients,
23 everything is brought in fresh and it's brought in from
24 areas that have high concentrations of MSM.

25 For example, when you walk into an orchard,

1 let's say an orange grove, and you smell that rich smell,
2 that smell in the orange grove --

3 MR. BARRETT: You get a beautiful smell.

4 DR. GUERRERO: Right. That beautiful smell.
5 That is the MSM that allows you to smell that, which is
6 the reason why when you go into the grocery store into
7 the fresh produce section, it doesn't smell like that.

8 So what the Supreme Greens with MSM does is
9 it's life giving energy. It allows the broccoli and the
10 carrots and the beets and the spinach and the kale and
11 okra and all the other alkaline grasses -- it allows it
12 to maintain its electrical vibrating frequency.

13 So the vibrating frequency of a normal healthy
14 cell is 70 megahertz. So it needs 70 megahertz worth of
15 an electrical charge to support it through its cycle of
16 regeneration. Well, the Supreme Greens with MSM vibrates
17 at 250 megahertz.

18 MR. BARRETT: If you go into a health food
19 store and you say, Well, how much energy does this --

20 DR. GUERRERO: See, they wouldn't know.

21 MR. BARRETT: They don't know what you're
22 talking about.

23 DR. GUERRERO: And not all vitamins are created
24 the same. When I created the formulas, I created the
25 formulas because I didn't find the nutrient value in any

1 of the formulas that were out there for my patients.

2 MR. BARRETT: So you went out there to look for
3 a formula before you actually created this one?

4 DR. GUERRERO: Well, sure. Now -- now there's
5 a lot of formulas out there, so I figured, well, heck, I
6 might as well bring in some nutrients and things that my
7 patients need because I knew they were nutrient deprived.
8 But then as I'm -- as I'm testing these supplements, I
9 realized that their vibrating frequency wasn't high
10 enough to get me in front of the rate of degeneration.

11 I'll give you an example. If the cell vibrates
12 at 70 megahertz and I need 70 megahertz of energy to
13 nourish that cell, now I've got a cancer patient or
14 somebody that is in chronic pain and their vibrational
15 frequency is now at 10 and I give them a nutrient that's
16 vibrating at 60 it'll bring them up to 60 and make them
17 feel pretty good.

18 But I'm still 10 megahertz shy of getting their
19 cell in front of the rate of degeneration, which is why a
20 lot of people go to alternatives and still suffer. And
21 they say, Well, yeah, I did alternative medicine, but,
22 you know, I didn't get well. Or cancer patients that are
23 in alternatives still die. They die because the
24 nutrients that they are taking is not getting them to the
25 point to where they can actually get in front of the

1 rapid rate of degeneration or the proliferation of their
2 -- of the cancer or whatever it is that they're dealing
3 with at the time.

4 And so I formulated this Supreme Greens with
5 MSM so that I can maintain that high electrical charge.

6 MR. BARRETT: What are some other products --
7 ingredients in it?

8 DR. GUERRERO: One of the other ingredients
9 that is in there is the MSM, which maintains that --

10 MR. BARRETT: Yeah, talk about that because
11 it's Supreme Greens with MSM and I know a lot of people
12 out there watching are going to say, What is the MSM? I
13 know they sell MSM by itself sometimes, but you fortify
14 your products with MSM.

15 DR. GUERRERO: MSM is a super conductor. And
16 what I mean by a super conductor is let's say in an
17 acidic environment you have -- you know, the body is
18 protecting itself. Remember I mentioned earlier that,
19 you know, fat actually protects the body from these
20 assets. Well, that fat will accumulate around the cell
21 and it makes a hard shell around that cell to protect it.

22 And so as a super conductor what the MSM does
23 is it turns that hard shell into a soft shell. It's like
24 if you can visualize that cell being a glass bubble, it's
25 hard, like a glass bubble. And the nutrients -- when you

1 ingest foods and your liver breaks them down your body
2 can't -- the cell can't absorb the nutrient because it
3 can't pass through the mucosal barrier, that glass bubble
4 is too hard.

5 What the MSM does as a super conductor is that
6 it makes that glass bubble like a soap bubble. It makes
7 the cell wall permeable so that the nutrients can readily
8 pass through, the cell can do what it does, the miter
9 conduit within the cell can absorb the nutrients,
10 metabolize it, do what it needs to do to supply the body
11 with energy. And then it kicks the waste out so your
12 body's natural lymphatic system or sewage system can come
13 and flush out the waste.

14 And, you know, think about arthritis. Let's
15 talk about arthritis for a minute. Arthritis is an
16 inflammation in the joint. What happens because it's so
17 acidic that when a cell receives nourishment and it
18 breaks it down, the mucosal lining again is so hard that
19 it can't excrete the waste out. So the cell accumulates
20 and just gets bigger and bigger and bigger and bigger so
21 we get inflamed joints.

22 So the MSM really is a great anti-inflammatory.

23 MR. BARRETT: It acts as --

24 DR. GUERRERO: Because as a super conductor it
25 makes the cell wall more permeable. So now the cell can

1 actually release all of its metabolic waste.

2 MR. BARRETT: It takes down swelling.

3 DR. GUERRERO: ~~ON SCREEN~~ brings down inflammation.

4 **FOR MORE INFORMATION PLEASE CALL**

5 **ITV 800.554.2818**

6 MR. BARRETT: Wow. Hold onto that thought,
7 because I just want to let our viewers have a chance to
8 tune in here. If you're watching right now and you want
9 some more information -- we've been talking to Dr. Alex
10 Guerrero for a few minutes, but if you just want some
11 more information on these Supreme Greens that he's
12 talking about, please pick up the phone and call the
13 number on the screen.

14 As always on Today's Health we've worked out a
15 special arrangement with our guests, so when you do call
16 mention Today's Health and you will receive a substantial
17 discount off the Supreme Greens product.

18 What are the other nutrients in there and does
19 it interfere with any medication?

20 DR. GUERRERO: Because I have, you know, a wide
21 range of patients in different conditions, I needed to
22 ensure that the formula was synergistic with all
23 medications.

24 And so, you know, the Supreme Greens with MSM
25 is synergistic with medication. There is no contra-

1 indication.

2 MR. BARRETT: So anybody out -- anybody --

3 DR. GUERRERO: (Inaudible).

4 MR. BARRETT: -- anybody out there basically on
5 any type of medication, they can take the Supreme Greens
6 product?

7 DR. GUERRERO: Yes.

8 MR. BARRETT: And, of course, they can drink
9 the coral calcium water?

10 DR. GUERRERO: Yes.

11 MR. BARRETT: How long before someone could
12 actually see results with this product?

13 DR. GUERRERO: Depending upon their condition -
14 - if you're talking about chronic conditions, my cancer
15 patients will notice within a 14 day period of time that
16 if they have nausea as a result of chemotherapy they're
17 receiving, the nausea is gone. You know, inside the
18 Supreme Greens with MSM we've added some ginger root
19 powder, which is a great digestive aid. And it certainly
20 helps with enzyme production and it allows them to
21 overcome the acid production as a result of the
22 chemotherapy.

23 So they're able to go through their
24 chemotherapy and not have nausea and vomiting. We're
25 able to keep the cell nourished so that they never have

1 to come off of their protocol of chemotherapy.
2 Oftentimes patients' white blood cell count will drop
3 significantly and so they have to forgo one of their
4 chemotherapy treatments because their white blood cell
5 count is low.

6 Well, with the Supreme Greens with MSM we can
7 keep that immune response high enough, we can nourish the
8 cell through their treatment so they never have to come
9 off. That's why I have a lot of oncologists that send
10 their patients to me, because we put them on that. We
11 supply the cell with nourishment.

12 I've always -- I've always said, Don, that all
13 disease is in the blood.

14 MR. BARRETT: Every disease comes from the
15 blood.

16 DR. GUERRERO: All disease is in the blood,
17 which is why disease metastasizes. It certainly isn't in
18 an organ system, it's not in any one organ. It's in the
19 blood, which is why it can metastasize from one area to
20 another.

21 So my philosophy is you cleanse the blood and
22 nourish the cell. And that's what keeps people -- it
23 gives cancer patients within a 14 day period of time,
24 within two weeks, they have more energy, they're sleeping
25 better, they have better digestion.

1 MR. BARRETT: But you also work with pro
2 athletes in the prime of their life and you have them on
3 this product.

4 DR. GUERRERO: Yes.

5 MR. BARRETT: Now, what type of results would
6 someone see that's already in great shape?

7 DR. GUERRERO: Well, what they notice is that
8 they're -- for example, like a lot of the NFL football
9 players I deal with, you know, they go through -- in
10 their mini camps they go through two-a-day workouts.

11 MR. BARRETT: Right.

12 DR. GUERRERO: What they're noticing is that
13 they're able to go through those two-a-day workouts and
14 by Friday they have just as much strength and energy as
15 they had on Monday.

16 ON SCREEN:

17 time remaining 2:59 (running down)

18 DR. GUERRERO: Because when the body is in an
19 alkaline state your body metabolizes the lactic acid
20 that's just a natural by-product of the muscles tearing
21 down as a result of physical stress or physical activity,
22 even adrenal stress.

23 MR. BARRETT: They have more energy, better
24 recovery time?

25 DR. GUERRERO: Much greater recovery time.

1 They -- they have less inflammation in their soft tissue
2 because there's not -- they don't have that lactic acid
3 accumulation, so the tissue doesn't inflame, so they
4 don't have muscle soreness, they don't have fatigue,
5 they've got more energy, they've got better endurance.

6 MR. BARRETT: Tell me about diabetes. I heard
7 you talking to one of the producers before the show about
8 diabetes.

9 DR. GUERRERO: Well, diabetes really is
10 something that's becoming epidemic.

11 MR. BARRETT: I heard a lot of people out there
12 have diabetes and don't even know it.

13 DR. GUERRERO: Sure. Well, you know before --
14 years ago, you'd just go to your doctor and they used to
15 say, Well, yeah, you have hypoglycemia, you know, just
16 eat -- you know, six, seven, eight small meals a day and
17 you'll be fine. Because they constantly needed that
18 sugar.

19 And what happened was that those people that
20 were hypoglycemic years to come, when they became adults
21 developed diabetes. And so what the medical community
22 learned is that, hey, you know, where we didn't take
23 hypoglycemia serious before, we now need to take it
24 serious because those are the same people that are
25 getting diabetes today. So now we're not going to call

1 it hypoglycemia anymore, we're going to call it insulin
2 resistance or we're going to label it and call it
3 Syndrome X. So you now have Syndrome X. So now they're
4 coming up with medications to help you deal with Syndrome
5 X when the reality is all you really need to do is if you
6 can nourish the cell, maintain more permeability, your
7 body will metabolize insulin.

8 MR. BARRETT: What age should someone go on
9 Supreme Greens?

10 DR. GUERRERO: My children take it.

11 MR. BARRETT: And how old?

12 DR. GUERRERO: Well, my daughter, when she was
13 one, she was on a bottle and weaning and, you know, she's
14 in her formula I would take a quarter teaspoon and mix it
15 right in her formula and she would drink it once a day.

16 MR. BARRETT: Really?

17 DR. GUERRERO: Children take it. Animals take
18 it. I had a woman who came to my office, her cat was
19 dying, she took her cat to the vet, the vet said there's
20 really no hope, your cat is going to die. And this is
21 one of my patients, she just said, By the way, do you
22 think this --

23 MR. BARRETT: So, what did they -- they put it
24 on the food?

25 DR. GUERRERO: Yeah. She just --

1 MR. BARRETT: I have a dog that has trouble
2 going up the stairs right now.

3 DR. GUERRERO: She just mixed the powder in the
4 food. And actually she had to force feed the cat,
5 because the cat wouldn't eat. And now you should see --
6 now the kitten is actually a cat and did well.

7 I had another woman whose dog had cancer, had a
8 tumor in the hip. And again, if you -- if you provide an
9 environment where the disease can't proliferate in, can't
10 survive --

11 MR. BARRETT: It can't grow.

12 DR. GUERRERO: -- it can't grow, it can't --
13 can't proliferate -- you know, you cleanse the blood,
14 nourish the cells. All disease is in the blood. If you
15 get nothing more out of what we're talking about here
16 today, Donald, understand that one concept, that all
17 disease is in the blood. Cleanse the blood, nourish the
18 cell. You're now in a state of regeneration and you will
19 stay healthy.

20 MR. BARRETT: Supreme Greens is the best
21 product, you feel, to cleanse the blood?

22 DR. GUERRERO: Absolutely no question.

23 MR. BARRETT: Fascinating. Again, Dr. Alex
24 Guerrero, thanks for being on our show today.

25 DR. GUERRERO: Thanks for having me.

1 MR. BARRETT: Fascinating -- fascinating
2 information.

3 Again, if you're watching and you do want some
4 more information on the Supreme Greens product that Dr.
5 Alex Guerrero has formulated, please pick up the phone
6 and call the number on the screen.

7 Again, my name is Donald Barrett and we'll see
8 you next time on Today's Health. Thanks.

9 **ON SCREEN:**

10 **The preceeding**

11 **was a paid**

12 **advertisement for**

13 **Supreme Greens**

14 **(The video tape recording was concluded.)**

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